



ST. THOMAS COLLEGE OF ARTS AND SCIENCE

Affiliated to the University of Madras | An ISO 9001:2015 Certified Institution

Koyambedu, Chennai- 107



DEPARTMENT OF PSYCHOLOGY

PROGRAMME NAME | **BACHELOR OF PSYCHOLOGY**

PROGRAMME OUTCOMES

PO1: Acquire the knowledge in various facets in Psychology.

PO2: Demonstrate the acquisition of both factual knowledge and the ability to conceptualize and apply the knowledge of Psychology to their own behaviour, to ways of interacting with others, and to their roles in the society.

PO3: Extend the knowledge base in psychology to apply principles of the scientific method and critical thinking.

PO4: Implement the psychological principles to the society's well-being by helping people understand their behaviours, emotions and managing them to lead a better lifestyle.

PO5: Appreciate the contribution of psychologist at every aspect of human life

SEMESTER – I

SUBJECT CODE: ST21A

SUBJECT NAME: GENERAL PSYCHOLOGY - I

CO1	Explain the nature, scope, methods and branches of various fields of Psychology
CO2	Summarize the fundamental processes underlying human behaviour such as sensation, perception and attention
CO3	Relate the nature of consciousness and the underlying theoretical interpretations and describe the various stages of sleep & dreams
CO4	Outline and compare the nature, principles and the various theories of learning
CO5	Summarize and compare the various functions and memory processes involved in memory and forgetting



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SUBJECT CODE: ST21B PSYCHOLOGY - I

SUBJECT NAME: BIOLOGICAL

CO1	Explain the research methods and perspectives of biopsychology and the reciprocal relationship between brain and behavior
CO2	Illustrate the anatomy and function of the neural cell
CO3	Relate how neurons communicate with each other
CO4	Name the divisions of the nervous system, its chief structure and functions
CO5	Outline the role of Endocrine glands and Hormones in influencing Human Behaviour

SUBJECT CODE: ST31A INDIAN PSYCHOLOGY

SUBJECT NAME: INTRODUCTION TO

CO1	Outline the fundamental concept of Indian Psychology in comparison with Western Psychology concepts
CO2	Examine various concepts of Indian Psychology on Personality and states of consciousness through Upanishads, Nyaya, Advaita Vedanta etc
CO3	Illustrate the ideas of Yoga and apply the knowledge for self-development
CO4	Analyzing various religious school of thought in explaining the concept of Mind
CO5	Apply the concept of Indian psychology in various fields like counselling, education, organizational behavior etc.

SEMESTER – II

SUBJECT CODE: ST22A

SUBJECT NAME: GENERAL PSYCHOLOGY -II

CO1	Spell out the different types of cognition, thinking processes, decision making and language development
CO2	Summarize the various theories of Motivation, frustration and conflicts language development
CO3	Outline the characteristics and theories of emotions and stress
CO4	Explain the nature, theories and assessment of Intelligence, Emotional Intelligence and creativity
CO5	Analyze various theories of Personality and describe the assessment & application of the Personality tests



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SUBJECT CODE: ST22B PSYCHOLOGY - II

SUBJECT NAME: BIOLOGICAL

CO1	Outline the biological basis of Sleep & Dream and various sleep disorders
CO2	Explain brain development and neuro plasticity
CO3	Summarize the brain mechanism involved in regulating thirst, hungry and feeding
CO4	Relate biopsychology of emotions in relation to stress and ill health
CO5	Identify the brain areas associated with learning & memory and outline the causes of memory disorders

SUBJECT CODE: ST32A COMMUNITY PSYCHOLOGY

SUBJECT NAME: INTRODUCTION TO

CO1	Define and explain the core values of community psychology in Indian context
CO2	Analyse and evaluate various socio-cultural psychological models and behaviours of Indian youth
CO3	Critically examine the socio-economic indicators and its impact on development
CO4	Appraise the role of human development and family structure on Mental Health
CO5	Develop preventive measures and design promotion programmes for better community development

SEMESTER – III

SUBJECT CODE: ST23A PSYCHOLOGY - I

SUBJECT NAME: DEVELOPMENTAL

CO1	Summarize the developmental stage of conception through birth
CO2	Explain the developmental stage of infancy and babyhood
CO3	Recall the various developmental process of early and late childhood
CO4	Relate various Developmental stages of socialization, family relations and personality development



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SUBJECT CODE: ST231 SUBJECT NAME: EXPERIMENTAL PSYCHOLOGY

CO1	Demonstrate the effect of distraction, division and span of attention
CO2	Explain the factors involved in errors of perception
CO3	Demonstrate the concepts of transfer of learning, trial and error learning, insight learning and learning through the knowledge of results
CO4	Relate to one's own level of aspiration and achievement motivation
CO5	Relate to one's own level of aspiration and achievement motivation
CO6	Illustrate the use of the motor-skills in manual and tweezer dexterity
CO7	Demonstrate assessment of IQ levels

SUBJECT CODE: ST33A SUBJECT NAME: STATISTICS IN PSYCHOLOGY

CO1	Explain the different levels of measurement and methods of organizing data in statistics
CO2	Make use of mean, median, mode and variability
CO3	Illustrate and apply the concepts of normal distribution
CO4	Find out correlation
CO5	Test for significance in hypotheses testing
CO6	Select and utilize appropriate non-parametric statistics

SEMESTER – IV

SUBJECT CODE: ST24A SUBJECT NAME: DEVELOPMENTAL PSYCHOLOGY - II

CO1	Summarize the developmental process of puberty and adolescence
CO2	Relate the various development process of young adulthood
CO3	Explain the developmental tasks of middle age
CO4	Identify problems related to old age

SUBJECT CODE: ST241 SUBJECT NAME: PSYCHOLOGICAL ASSESSMENT

CO1	Assess Personality, Aptitude & Interest and interpret the results
CO2	Measure and interpret achievement test, stress and coping levels
CO3	Select appropriate test to measure attitude, behavior & creativity and discuss the results



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SUBJECT CODE: ST34A AND ADVERTISING

SUBJECT NAME: CONSUMER BEHAVIOR

CO1	Explain the field and scope of consumer behaviour and impact of new technology on marketing strategies
CO2	Outline the different aspects of research in the field of consumer process
CO3	Apply concepts of motivation and perception on consumer behaviour
CO4	Explain the features, goals, functions, types and models of advertising
CO5	Determine the framework in advertising, role of media in advertising and ethical standards in advertising

SUBJECT CODE: ENV4B

SUBJECT NAME: ENVIRONMENTAL STUDIES

CO1	To demonstrate critical thinking skills in relation to environmental affairs.
CO2	To demonstrate knowledge and application of communication skills and the ability to write effectively in a variety of contexts.
CO3	To demonstrate the ability to integrate various disciplines and fields that intersects with environmental concerns.
CO4	To demonstrate awareness, knowledge, and appreciation of the intrinsic values of ecological processes and communities.
CO5	To understand and evaluate the global scale of environmental problems

SEMESTER – V

SUBJECT CODE: ST25A

SUBJECT NAME: ABNORMAL PSYCHOLOGY-I

CO1	Distinguish between normal & abnormal behavior and outline the historical background and need for classification
CO2	Summarize the various models of abnormality
CO3	Identify clinical features and causes of neurodevelopmental disorder, conduct disorder & neurocognitive disorder
CO4	Explain the clinical features and causal factors of anxiety related disorder
CO5	Outline the clinical features and causal factors of somatic and dissociative disorder



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SUBJECT CODE: ST25B

SUBJECT NAME: SOCIAL PSYCHOLOGY-I

CO1	Outline the nature, history, principles and scope of social psychology and methods used in social psychology research
CO2	Illustrate the significance of self- presentation behaviors in relation to the multifaceted development of the self
CO3	Infer the interconnections between attitude and behavior
CO4	Compare the reasons of conformity, compliance and obedience
CO5	Summarize the conditions promoting helping behavior and infer conditions of bystander effect

SUBJECT CODE: ST25C

SUBJECT NAME: INTRODUCTION TO

RESEARCH METHODOLOGY

CO1	Explain the needs, objectives, importance, problem and process of research based on review of literature
CO2	Identifying research problems and formulating hypothesis
CO3	Distinguish between the different types of sampling
CO4	Examine the methods used in data collection
CO5	Demonstrate an understanding of writing a research report

SUBJECT CODE: ST25D

SUBJECT NAME: HEALTH PSYCHOLOGY

CO1	Outline the definition and scope of Health Psychology
CO2	Explain the various models of health behavior
CO3	Identify types of pain, symptoms and suitable intervention
CO4	Summarize theories of stress, sources of stress and coping
CO5	Explain health promoting strategies

SUBJECT CODE: ST45A

SUBJECT NAME: SPORTS PSYCHOLOGY

CO1	Explain the need, importance and research methods in sports psychology
CO2	Relate physical activity and Mental Health
CO3	Describe the nature, measurement of attitude towards sports behavior
CO4	Classify various abilities and skills
CO5	Explain the prevalence, etiology and intervention of alcohol and drug use among athletes

SUBJECT CODE: VAE5Q

SUBJECT NAME: VALUE EDUCATION

CO1	To learn about philosophy of Life and Individual qualities.
CO2	To learn and practice social values and responsibilities.
CO3	To learn more of Engineer as Responsible Experimenter.
CO4	To learn more of Risk and Safety assessment with case studies.
CO5	To understand the importance of value -based living



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SEMESTER – VI

SUBJECT CODE: ST26A

SUBJECT NAME: ABNORMAL PSYCHOLOGY II

CO1	Explain the causes of unipolar and bipolar disorder and treatment
CO2	Outline the clinical feature, causal factor and treatment of schizophrenia and other psychotic disorder
CO3	Summarize types, causes and treatment of Personality disorder
CO4	Explain the types, causal and treatment of substance related disorder
CO5	Identify the different types of prevention and summarize the different models of therapies

SUBJECT CODE: ST26B

SUBJECT NAME: SOCIAL PSYCHOLOGY II

CO1	Outline the theories of persuasion and illustrate the factors in resisting persuasion
CO2	Determine the influence of various group behaviors in relation to individual's performance
CO3	Outline the nature, sources and consequences of prejudice and illustrate methods to counteract effects of prejudice
CO4	Summarize the theories of aggression and strategies to regulate aggression
CO5	Identify the dynamics of intimate relationships in relation to internal and external sources of attraction

SUBJECT CODE: ST26C

SUBJECT NAME: INTRODUCTION TO

THEORIES OF PERSONALITY

CO1	Explain the concept, assessment, measurement and research methods of Personality
CO2	Outline the various psychoanalytic perspectives of Personality
CO3	Summarize the life span and trait perspective of Personality
CO4	Outline the existential humanistic perspective of Personality
CO5	Explain Behavioural, Cognitive and Social perspectives of personality



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SUBJECT CODE: ST46B COUNSELLING PSYCHOLOGY

SUBJECT NAME: GUIDANCE AND

CO1	Identify the need and importance of counselling in the current context
CO2	Explain the various approaches in counselling and the types, uses & diagnosis in counselling process
CO3	Summarize the interpretation of psychological tests in counselling
CO4	List the qualities of an effective counsellor
CO5	Identify the special areas of counselling
CO6	Spell out the ethical guidelines laid down by the American Psychological Association and the role of counsellor in promoting good Mental Health

SUBJECT CODE: ST46B RESOURCE MANAGEMENT

SUBJECT NAME: HUMAN

CO1	Outline the basic concepts of human resource management
CO2	Relate the need for job analysis in relation to Human Resource Planning and Recruiting
CO3	List strategies for analysing training needs and developing employees
CO4	Explain the techniques of performance appraisal
CO5	Spell out how stress management, conflict management and employee empowerment help in employee motivation